



LAKE RIDGE LIONS CLUB

Volume 2, Issue 3

October 2008

From the King Lion's Lair

King Lion Janet Dyess

Club President

Hello Fellow Lions –

Well here we are in our busiest time of the year! The Diabetes Walk is coming up and the Craft Show is on November 1st. The Sight and Hearing van will also be there for the craft show, handing out pamphlets about Lionism not scheduled for testing.

Mike Garit, Tony and I attended the Leadership training in Staunton, VA. It was 2 ½ days of hard work, but worth it. I learned quite a bit and plan on using hints to improve.

Please support our team for the Diabetes Walk event on October 18th.

Continued on page 2

INSIDE THIS ISSUE

- 1 From the King Lion's Lair; LRL's Anniversary Pin
- 2 White House Ornaments; Birthdays & Anniversaries; LOVF Raffle; Craft Show
- 3 Calendar of Events; Diabetes Walk
- 4 News from Other Clubs



LRL's Anniversary Pin

Lion Michelle Henshaw

Our club's 35th anniversary pin has arrived and we've begun to sell them too. The "unveiling" (so to speak) was last weekend at the Fall Conference in Fredericksburg.

All members will be receiving one pin and additional pins may be purchased.

Contact Lion Michelle for more details. ❖



Lake Ridge Lions' Club's 35th Anniversary Pin

I'd like to share my thoughts for the upcoming October 25th Locks of Love event – which is the same day and location as the Sight and Hearing van. As many of you know I'm a cancer survivor, and had to step down as President in 2002 when I was diagnosed. That was a very hard decision to make, but I needed to concentrate on fighting a terrible disease and the treatment side effects. The easiest of which is losing your hair but what an impact that one thing can have on your life – you no longer look normal, nor can blend in; the scarves/hats give away your secret, you are now pitied. In public people will look or even move away from you not wanting to get close and without hair you get so cold and with the lowered immunity system it's easier to get sick. I went from “lady” to the “monster lady” in my neighborhood when I tried to walk to the mailbox each day for exercise - at least until I got my wig, whom I named Georgia. I could not afford a wig because of the expense of after chemo medication. I was so very blessed that friends at work raised the money for Georgia. I felt normal, my confidence came back and so did my smile and my fighting spirit came back with a vengeance on its own – I would win!

Imagine a child going thru this terrible disease or having a medical condition where he or she permanently loses their hair. With only 10” of hair - so little time and effort to give to a stranger - but a life can be changed forever. A child's smile and laughter can return.

I hope you can find the time to help at the Locks of Love event.

Yours in Lionism
King Lion Janet

White House Ornaments

Remember to sell those ornaments! We've got the best price in town (\$17 each) and they were selling like hotcakes at the Fall Conference last week! Lion Dan sold 18 to one happy customer.

Remember to turn in your monies and if you need additional ornaments – contact Lion Hal Johnson.

❖

Birthdays & Anniversaries for October

Don't forget to wish the following club members a happy birthday: Lion Sharon Diefendorf (10/01) and Lion Colin King (10/07).

We have three members celebrating their anniversaries this month: Lion Mitch Bukzin (1989), Lion Tom Pokusa (1992), and Lion Rogers Woolfolk (1997). ❖

IT'S GREAT TO BE A LION!!!

LOVF Raffle Tickets

Don't forget if you picked up LOVF raffle tickets to turn in tickets stubs and money to Lion Dan Hilleary. Lion Dan volunteered to head this project for our club. If you need any additional tickets, please contact Lion Dan. ❖

LRL's Fall Craft Show – Nov. 1, 2008

The Fall Craft Show scheduled for Saturday, November 1, 2008 will be here in less than a month! We are sold out of spaces and have over 30 crafters participating. Our club will have a space to sell the White House Ornaments, our 35th Anniversary Pins, as well as give door prizes and have a 50/50 Raffle.

Lion Michelle would like to meet with all who have volunteered to be on the craft show committee – the meeting will take place immediately following our October 13th meeting. Lion Michelle promises to keep it brief. If you cannot attend the meeting, please contact Lion Michelle with an update on what you are working on for the show and/or if you plan to help at the show.

CALENDAR OF EVENTS

DINNER MEETING

BRITTANY'S SPORTS BAR

OCTOBER 13, 2008, 7:00 PM

*Dinner Meeting with brief Craft Show
Committee meeting following.*

DIABETES WALK

MICRON TECHNOLOGIES, MANASSAS, VA

OCTOBER 18, 2008

*ADA's Annual Walk fundraiser and to raise
awareness about diabetes; community project
for Lake Ridge Lions.*

LOCKS OF LOVE

LARRY'S HAIR DESIGN

OCTOBER 25, 2008

Community Project for LRL

DINNER MEETING & BOARD MEETING

BRITTANY'S SPORTS BAR

OCTOBER 27, 2008, 7:00 PM

Dinner Meeting with Board Meeting following.

HALLOWEEN

OCTOBER 31, 2008

Happy Haunting!

LIONS' FALL CRAFT SHOW

HILLENDALE FIRE STATION, DALE CITY

NOVEMBER 1, 2008 (9:00 AM – 3:00 PM)

Fundraiser for LRL.

LIONS' ATLANTIC CITY BUS TRIP

NOVEMBER 8, 2008

Contact Lion Tony for more details.

Lion Nancy Hilleary has requested if anyone would like to donate a gift card or something for one of the raffle baskets (Lion Nancy is working on a couple of baskets), she is requesting that all donation be brought in to the 2nd meeting in October – October 27th. Price range of gift cards: \$5 - \$10. Some ideas: Starbucks, golf, Stone Cold Creamery, Rita's, gas cards...etc. You may either purchase them or see if you can get it donated! ❖

Diabetes Walk

Lion Michelle Henshaw, Team Captain

The American Diabetes Association's annual Diabetes Walk is scheduled for Saturday, October 18th. So far we have four signed up for the walk; we need at least one more person to sign up so that we can be a team! Thank you to Lion Mike Garit, Lion Tony, and Wanda Deem for signing up to walk for this great cause!

Each step we take, each dollar we raise will be used in the fight to prevent and cure diabetes and to improve the lives of all people affected by diabetes. No matter how small or large, your generous gift will help improve the lives of the more than 20 million Americans who suffer from diabetes and another 54 million people with pre-diabetes, in the hope that future generations can live in a world without this disease. Together, we can all make a difference!

I am stepping out to fight diabetes because it has affected me personally. My husband Steve was diagnosed with diabetes in 2000 and we have been learning to live with the disease ever since. It has been quite a challenge and has meant changes in our lives, but hopefully changes for the better. This year he has gone through several major operations (quintuple bypass and vascular surgery) that have resulted from diabetes.

If you cannot join our team, please consider supporting me and our team in this goal by donating to this wonderful cause. Thank you!



Lion Dan sitting at our club's table at the Fall Conference.

News from Other Clubs

Lion Michelle Henshaw, Editor

We received mail from the Colonial Beach Lions Club. They are hosting a Catfish Fry (all you can eat) – 10/19/08. Cost is \$12.00 per person and includes hush puppies, coleslaw, baked beans, fries, a drink, and all you can eat catfish.

Colonial Beach is also having an Oyster Roast on November 8th from noon until ? Oysters (fried, steamed on the half shell and stewed. Fried Fish, baked beans, coleslaw, fries, and hush puppies. All you can eat! Price is \$25 per person.

Fruit sale – Colonial Beach is having a fruit sale (December 5th). If you would like to order call Lion Dale Mendenhal (804-214-9605).



Lion Hank with Lion Janet at the Fall Conference.

Note: all articles for the November edition of the Newsletter should be submitted to Lion Michelle by no later than November 3rd. Thanks!